



## **American Medical Assoc. Votes to Create 'Sustainable Food System' Cites Food Alliance Certified in Recommendations**

*By Sustainable Food News*

The nation's physicians convened recently at the American Medical Association's (AMA) annual policy-making meeting in Chicago and voted to develop a "healthier and sustainable food system." The annual meeting is intended to develop physician consensus to direct AMA's political and legislative agenda.

"Medical schools and health care facilities are uniquely qualified to take a lead role in promoting the consumption of healthy and sustainable food," said AMA Board Member Dr. Joseph Annis. "The connection between a healthy diet and optimal health is clear and when health care organizations have a healthier food system, students, patients, visitors and staff all benefit."

Recommendations on how medical schools and health care facilities can improve their food system were made based on a study of the current U.S. food system, which is largely industrialized and focused on the production of food from animals and federally subsidized crops, the AMA said in a statement.

[Read the proposal that was approved by the AMA \(PDF\) >>](#)